MaX Heart™ provides micronutrients to support energy generation and antioxidant systems; amino acids and herbs to support normal heart muscle concentration and blood flow; and glandular and tissue extracts to support cardiovascular health.

The most expensive formula is the one that is not utilized by the body.

MaX Heart™ provides micronutrients to support energy generation and antioxidant systems; amino acids and herbs to support normal heart muscle concentration and blood flow; and glandular and tissue extracts to support cardiovascular health.

Discussion

It may be argued that the heart is perhaps the most important muscle in the body; you live with it, you can't live without it. It may beat up to 100,000 times per day, moving up to 2,000 gallons of blood through a "superhighway" of blood vessels. Specialized cells in the heart generate their own electricity and set the pace for the vital rhythm and activity of this impressive organ.

A healthy heart and circulatory system is an absolute requirement for a healthy body, and statistics tell us that many Americans aren’t maintaining their hearts in peak condition. A healthy heart requires an array of nutrients, ample oxygen and energy, and dynamic blood vessels. The heart and blood vessels need to be protected from the adverse effects of metabolic byproducts (e.g., homocysteine, free radicals, and oxidized LDL cholesterol) and toxins. Robust nutritional status can support the health and strength of the heart muscle and the blood vessel superhighway.

MaX Heart™ provides micronutrients to support energy generation and antioxidant systems; amino acids and herbs to support normal heart muscle concentration and blood flow; and glandular and tissue extracts to support cardiovascular health.

- Vitamin C is a key component in the production of collagen, the main protein found in the connective tissue of blood vessels. Prospective studies suggest that 100 mg of vitamin C per day can support cardiovascular health. Vitamin E, a fat-soluble antioxidant, exerts a protective effect on cell membranes and blood vessel endothelium.

- 5-methyltetrahydrofolate (5-MTHF as Quatrefolic®) supports the breakdown of homocysteine and helps protect blood vessels.

- Magnesium participates in production of energy, regulation of muscles and nerves, and moderation of platelet aggregation. Potassium is critical to maintaining normal nerve and heart function, especially the electrical impulse that maintains heartbeat.

- Selenium, an essential trace mineral, supports heart health through its participation in both antioxidant and detoxification processes in the body.

- Hawthorne, with a long history of use in cardiovascular maintenance, has been used to support healthy blood pressure within the normal range, normal blood vessel dilation and function, and normal vagal tone and heart rate.

- Coenzyme Q10 (ubiquinone) plays a crucial role in energy generation; our constant and unwavering heartbeat depends on a steady supply of energy. In the body, ubiquinone is easily converted to ubiquinol, a form of CoQ10 that supports antioxidant systems and healthy LDL cholesterol.

- L-carnitine participates in the conversion of fats, ketones, and branched-chain amino acids into energy, a process that helps feed the heart's voracious appetite for fuel.

- Amino acids are provided to support heart health. L-taurine contributes to electrical conduction and muscle contraction, while L-arginine is a precursor to nitric oxide—a compound that supports circulation and blood vessel relaxation.

- Heart, spleen, and pituitary extracts (from an Argentinian bovine source that ensures safety and purity) provide glandular and tissue support.
**MaX Heart™**

**Formula Insight**

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin C (as ascorbic acid)</td>
<td>100 mg</td>
</tr>
<tr>
<td>Vitamin E (as d-alpha tocopheryl succinate)</td>
<td>50 IU</td>
</tr>
<tr>
<td>Folate (as 5-methyltetrahydrofolate&lt;sup&gt;†&lt;/sup&gt;)</td>
<td>50 mcg</td>
</tr>
<tr>
<td>Magnesium (as magnesium citrate)</td>
<td>20 mg</td>
</tr>
<tr>
<td>Selenium (as Selenium Glycinate Complex)</td>
<td>50 mcg</td>
</tr>
<tr>
<td>Potassium (as Potassium Glycinate Complex)</td>
<td>20 mg</td>
</tr>
<tr>
<td>Heart (from bovine)(Argentina)</td>
<td>100 mg</td>
</tr>
<tr>
<td>Coenzyme Q10 (as ubiquinone)(Hi-QTen&lt;sup&gt;™&lt;/sup&gt;)</td>
<td>15 mg</td>
</tr>
<tr>
<td>Hawthorn Extract (Crataegus oxyacantha)(leaf and flower)(1.8% rutin)</td>
<td>50 mg</td>
</tr>
<tr>
<td>Taurine</td>
<td>50 mg</td>
</tr>
<tr>
<td>L-Arginine</td>
<td>50 mg</td>
</tr>
<tr>
<td>Spleen (from bovine)(Argentina)</td>
<td>40 mg</td>
</tr>
<tr>
<td>L-Carnitine (as L-carnitine fumarate)</td>
<td>20 mg</td>
</tr>
<tr>
<td>Pituitary (from bovine)(Argentina)</td>
<td>5 mg</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Microcrystalline cellulose, HPMC (capsule), magnesium stearate, and silica.

**DIRECTIONS:** Take two capsules daily, or as directed by your healthcare practitioner.

**DOES NOT CONTAIN:** Wheat, gluten, yeast, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

**CONTAINS:** Soy.

Hi-QTen is a trademark of Gnosis S.p.A.

© BioEnergX Technology Includes:

- Fourth Generation Folate: Patented material (Quatrefolic<sup>®</sup>) features better stability, solubility, and bioavailability when compared to other forms of activated folate.*
- Amino acid chelates are found to be absorbed at a significantly greater rate than mineral salts or non-chelated forms of minerals. Chelated minerals provide the benefit of being used as a fuel source for pathogens; and they do not bind with fiber, so they won’t be flushed from the body before being absorbed.*
- 2nd generation vegetable capsules that protect nutrients from moisture and oxygen.

**References**


Additional references available upon request

Dr. Brimhall’s formulas, manufactured in an ultra-modern, state-of-the-art facility, are available for private label. Contact your XYMOGEN representative to initiate your private label proof.