

NAME:

DATE:

Nutri-West to Xymogen/BioEnergX Supplement Crossover Chart

Nutri West Product	BioEnergX and XYMOGEN	Arise	Breakfast	Mid-Morning	Lunch	Mid-Afternoon	Dinner	Bedtime	Months
Core Level Health Reserve	Activ Nutrients™		2				2		
Core Level Kidney	MaX Kidney™		1		1		1		
Core Level Lung	MaX Lung™		1		1		1		
Core Level Pancreas	MedCaps IS™		2		1			2	
Core Level Prostate	Prostate FLO™		1		1		1		
DSF Glandular (<i>chew it</i>)	MaX Adrenal™		1		1		1		
DSF Herbal	MaX Adrenal Herbal™		1		1		1		
F-Complex	Omega EFA™		1		1		1		
Homocysteine Redux	Methyl Protect™		1				1		
Hypo-D	GastrAcid™		1		1		1		
L-Glutamine Plus	GlutAloeMine™		1				1		
Super E-P-A	OmegaPure 780™		1				1		
Super-Ox	Nrf2 Activator™		1						
Total Alpha Lipoic Acid	ALAmax™		1				1		
Total Aluminum (HO)	MaX Aluminum™	(1-3 drops 3 x day)							
Total Arginine *	N.O.max™		3				3		
Total Bac-T (T) *	Berbemycin™	(3-7 drops 3 x day)							
Total Barium (HO)	MaX Barium™	(1-3 drops 3 x day)							
Total Boron	Ossopan 1100™		1		1		1		
Total Brain	MaX Brain™		1		1		1		
Total Bromine (HO)	MaX Bromine™	(1 to 3 drops 1 to 3 x day)							
Total Cadmium (HO)	MaX Cadmium™	(1-3 drops 3 x day)							
Total Calcium	Ossopan 1100™		1				1		
Total Chelate	CheleX™		1		1		1		
Total Chlorine (HO)	MaX Chlorine™	(1 to 3 drops 1 to 3 x day)							
Total Cort	RelaxMax™	1-4 scoops during stress elevations							
Total DHEA	DHA	(1 TID or as indicated on saliva test)							
Total Enzymes	XymoZyme™		1		1		1		
Total Eyebright C	I-Sight™		1				1		
Total Eyebright M	I-Sight™		1				1		

Total Female	MaX Fem™		1		1		1		
Total Fiber	Optifiber SCFA™		1				1		
Total Flaxseed Oil	OptiCleanse Plus™		1				1		
Total Flu-Cld #1 (HO) (Nasal Spray)	Viragraphis™		1		1		1		
Total 5-HTP (**instructions below)	5-HTP CR		1		1			1	
Total Green Whey Protein Powder	IgG Pure™	<i>(as directed)</i>							
Total GHR	N.O.max™		3				3		
Total Heart (chew)	MaX Heart™		1		1		1		
Total Heart II (chew)	MaX Heart™		1		1		1		
Total Inflam	MaX DeFlam™		1		1		1		
Total Joint Support	DJD Factors™		2				2		
Total L-Carnitine	CarniteX™		1				1		
Total Lipotropic	LipotropiX™		1				1		
Total Leaky Gut (chew 30 min before)	MaX GI™		1		1		1		
Total Liver D-Tox	MaX Liv Detox™		1		1		1		
Total Male	TestoPlex™	4							
Total Mercury (HO)	MaX Mercury™	<i>(1-3 drops 3 x day)</i>							
Total Mitochondria	MaX Mitochondria™		1		1		1		
Total Multimune	MaX Immune™		1		1		1		
Total Niacin (**instructions below)	NiaVasc™	<i>(1-2 per day-1 in am 1 in pm)</i>							
Total Para	MaX Para™	2						2	
Total Pregnenolone	Pregnene Plus Topical™	<i>1 pump daily</i>							
Total Probiotics (refrigerate after opening)	ProbioMax™		1						
Total Pro-Jes (HO)	Pregnene Plus Topical™	<i>(as directed)</i>							
Total Protect	Nrf2 Activator™		1				1		
Total Systemic D-Tox	OptiCleanse GHI™		1						
Total Thallium (HO)	MaX Thallium™	<i>(1-3 drops 3 x day)</i>							
Total Tin (HO)	MaX Tin™	<i>(1-3 drops 3 x day)</i>							
Total Thyroid	MaX Thyroid™		1		1		1		
Total Trim (1-2 tablets before meals)	Appecurb™		1				1		
Total Upper GI (chew before meals)	MaX GI™		1		1		1		
Total Uranium	MaX Uranium™	<i>(1-3 drops 3 x day)</i>							
Total Veggie	OrganiX PhytoFood™		1						
Total Virx	MaX VRL™		1		1		1		
Total Yst Redux	Candididal™		1		1		1		
Vana Chrom	MedCaps IS™		2					2	
Multi-Polar Magnet	Multi-Polar Magnet	<i>(wear against body)</i>							
NOTE: Muscle test homeopathics									
NOTE: No food or water 20 min. before and after homeopathics									
DO NOT use caffeine or mint when using homeopathics									