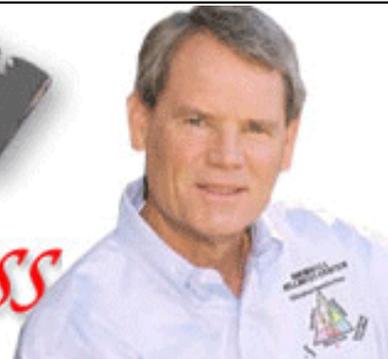




Dr. Brimhall's One More Piece of the Puzzle



For Wellness

Dr. Brimhall's Health Puzzle Piece

January 14, 2008

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This Weeks Article...

Guaranteed Success or Guaranteed Failure – YOU Decide

Research shows that YOU can become ten times more successful than you have ever been by using a simple step-by-step process. The point is this: YOU have to know the process and you have to use it.

The first of every year, millions of people in the world try to figure out how to make this a better year than the last. Some will decide they need to work harder, even though many feel like they're working pretty hard already.

An evaluation of the successful and prosperous shows that working harder is almost never the answer without a canned, planned step-by-step procedure. Bob Proctor said, "There are literally thousands upon thousands of honest, good, hard-working people who labor diligently for their entire stay on this planet, yet never become wealthy, [healthy, happy, accomplished, productive, etc.]"

Many people will make New Year resolutions to go on a diet, create a better practice, or get out of debt. According to the experts, more than 90% will fail to achieve their resolutions, with most having abandoned them by the end of January.

There is even one group that is less productive than this. These are people that do not even set goals. They only think briefly about how they'd like to see things change, remember all of the ways and years

they've failed, and will do nothing except merely hope that their "luck" will change and that they will perhaps win the lottery this year.

We have made a study of Practice Success, especially in the Wellness World. This is an ongoing, everyday study to perfect the best step-by-step turnkey system of Wellness that already creates miracles daily. We have created the step-by-step turnkey successful practice model in identifying the *Six Interferences to Health* and correcting them with the *Six Steps to Wellness*. Don't try to re-invent the wheel. Come rolling along with us and let's take Wellness to the World.

Becoming Brimhall Certified is a life-changing process that reprograms one for success. It lets you "know that you know" and allows you to let each patient you see "know that you know" and send that message to the universe. We have added to our Certification Benefits in an attempt to entice all to learn, perfect and expand their practices and help us "Take Wellness to the World." This action and commitment moves toward guaranteed success:

Some of THE BENEFITS of being Brimhall Certified are:

- 1) **Half price attendance** at Nutri-West/Brimhall seminars.
- 2) **Free Brimhall Website set-up** (a \$599 value) and you pay only \$59/month for the service. If you do not yet have a website, please call Aaron ASAP at (866) 338-4883.
- 3) **Receive patient referrals** from Other Certified Doctors, Nutri-West Distributors, Erchonia and the Brimhall national referral network.
- 4) **Use of the Brimhall Registered Trademarks and emblems** on your office, shirts, website, business cards, brochures etc. (a \$250 value per year).
- 5) **Get treated by and share best practices with other Certified Practitioners** in the "Certified Dr's Round Table" class at the beginning of each seminar on Friday. Cert Docs break off and get tested and treated, ask questions etc. while the 'newbies' hear the introduction.
- 6) **Stay abreast of the latest advances**, new innovations, cutting-edge information and updates in the Health and Wellness fields, which are many. If you have not been to a seminar lately, you are missing techniques on all 6 Steps.
- 7) **Eligibility for discounts and referral fees** for referring your friends that attend seminars and buy products and equipment.
- 8) **Assist Dr. Brimhall and other Certified Instructors.** Assistants and Team Leaders are selected from the Certified Dr's List. Please let us know if you are interested in assisting at seminars and/or eventually becoming a regional assistant, leader or Certified Teacher.
- 9) **NEW BONUS: 10% Discount on all Health Path products.**

Let me highlight a few insights from Chris Widener's, "The 7 Keys for Joyful Living"

Know your purpose. Nothing will bring you more joy than knowing. Not knowing brings sadness, wondering, fear and lack of fulfillment. To know the 6 Steps to Wellness and to perfect, Certify and be able to deliver – gives the practitioner purpose, financial prosperity and joy.

Stretch yourself. Don't settle into the status quo. That will leave you unfulfilled. Identifying the 6

Interferences to Health and utilizing the 6 Steps to Wellness in solving the health puzzle allows growth in all avenues and horizons.

Give more than you take. It brings happiness to accumulation. There is no more joy than giving help and hope where it did not exist before.

Do not Procrastinate.

"The greatest thief this world ever produced is procrastination, and he is still at large."

-- Henry Wheeler Shaw

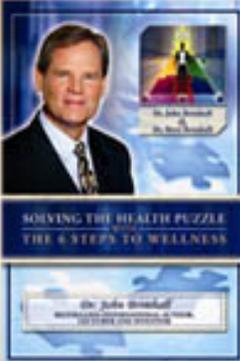
"You may delay, but time will not." -- Benjamin Franklin

"Some men have thousands of reasons why they cannot do what they want to, when all they need is one reason why they can." -- Mary Frances Berry

"Who dares nothing, need hope for nothing." -- Friedrich von Schiller

LET US ALL RELEASE PROCRASTINATION AND MOVE FORWARD with a Happy New Year to ALL! We look forward to serving you and you serving Humanity on a grand scale in 2008.

John W Brimhall, DC and the Brimhall Wellness Team



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