



Dr. Brimhall's One More Piece of the Puzzle



For Wellness

Dr. Brimhall's Health Puzzle Piece

March 3, 2008

[Brimhall websites](#) will empower your business through online advertising, Find out what a Brimhall wellness site can do to help your practice thrive.

March 8

Dr. John Brimhall
Napa County Chiro
Guest Lecture

NW Northern Cal/HI
877-692-2644
or 209-543-1914

March 7-9

Dr. Brett Brimhall
Idaho Falls, ID
Basic, Interm & Adv.

NW Rocky Mountain
800-345-2302
or 406-656-8500

March 28-30

Dr. John Brimhall
Reston, VA
Basic, Interm & Adv.

NW Mid-Atlantic
866-502-1200
or 302-478-5090

This Weeks Article...

YOU CAN DO IT!

I want to start today with a story from the motivational speaker Ron White, *“I remember Navy boot camp like it was yesterday. An event that occurred on my second day still causes me to pause when I reflect on it. You can tell a new person at boot camp from someone who is about to graduate, based upon their clothes and ribbons. It was clearly my second day from what I was wearing. I was walking single file with my unit down a hall and a sailor, who was about to graduate, passed us.*

He must have noticed my expression. It, without a doubt said, 'I am tired, intimidated, scared and hungry.' You can't talk when walking in formation, therefore he whispered out of the side of his mouth as we passed... 'Hang in there...you can do it.'

I turned to look at his face, but all I saw was the back of his head. Every night, before I drifted off to sleep, I replayed those words. I will never know that sailor's name. He will never know how it turned my attitude around 180 degrees. He will never know that years later I still remember the electricity of encouragement that shot through my body.

I knew that the only reason he knew what I was feeling is that because he had been where I was and felt how I felt. He had made it and wanted me to know that I could as well. I was eternally grateful. “

These words are ringing in my head and heart at this time. I want to thank all of you for your support with your prayers, calls, letters, cards, flowers, e-mails, etc. With the passing of my wife, I have needed and felt your love, strength and encouragement. I want to echo this phrase and concept to all of you. We can and must "do it."

I was scheduled to speak at the Parker Seminar in Vegas just two days after Claudette left us. I was told not to come because I would not be able to do it. I told them I had to come. How could I not do it? I have never needed the standing ovation I received more than, than at any other time in my life. It reminded me that our lives are not our own, rather shared with all we touch in person or by the written and/or spoken word.

There are "Six Interferences to Health" and "Six Steps to Wellness." We owe it to the world, ourselves and our patients to educate, find and fix the interferences that rob us of our health and wellness. WELLNESS is the fastest growing industry, the "Trillion Dollar Industry" that Paul Zane Pilzer talks about. Nutri-West is the nutrition company, without compromise, to deliver the pharmaceutical-grade nutrition that our patients need. They have been the number one growing force to promote Wellness through the Brimhall Protocol. Erchonia has worked closely with us for eight years to bring you the Percussor, the Adjustor and many innovations in Laser and Foot Bath technology.

Our **dream** is to take wellness to the world. Our **theme** is it must be win-win-win. The *patient* wins by getting the best possible results. The *practitioner* wins in satisfaction and increased prosperity. The *whole world* wins because it becomes a healthier and happier place to live. Our **team** must include **YOU** and your dedication to the concept of constant, never-ending improvement in identifying and correcting the Interferences to health and wellness.

We will include, in this year's seminars, information that we have learned in the field of genetics, genomics, etc. I am currently scheduling a ten day trip back to Korea to learn more from Dr. Moon and his associates. I never want anyone to have to go through what we have experienced in this last year, because they don't know the right questions to ask in order to get the right answers.

Please look at your calendar right now and schedule the Nutri-West/Brimhall seminars you will attend, including Certification in August 2008. Also, be certain to take your Total Greens and Total Veggie and/or Total Protect every day. The literature continues to support and expand on the necessity of cruciferous vegetables that can work at the genomic and epigenetic level.

Thanks, again, for your support. We look forward to seeing you again very soon.

Yours in Health and Wellness,

John W Brimhall, DC and the Wellness Team

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Valid thru March 28, 2008**



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