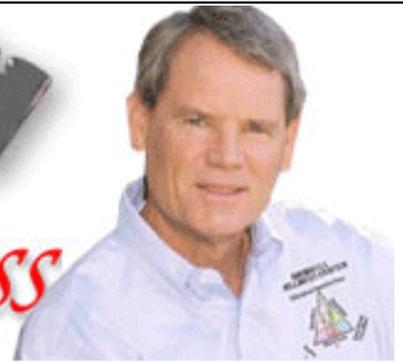




Dr. Brimhall's
One More Piece of the Puzzle



For Wellness

Dr. Brimhall's Health Puzzle Piece

May 12, 2008

[Brimhall websites](#) will empower your business through online advertising, Find out what a Brimhall wellness site can do to help your practice thrive.

Upcoming Seminars

May 16-18

**Dr. John Brimhall
Omaha, NE**
Basic, Interm & Adv.

NW Central

800-383-0537
or 515-276-291

June 6-8

**Dr. John Brimhall
Atlanta, GA (Homecoming)**
Advanced

NW Blue Ridge

800-334-3793
or 843-342-3688

June 20-22

**Dr. John Brimhall
Nashville, TN**
Basic, Interm & Adv.

NW South

800-343-0754
or 615-221-0848

This Weeks Article...

The Solution to Pollution is Dilution

Dr Angie wrote, "A patient of ours has been on a detox program for three weeks and has gained 12 pounds. What could be the problem with this patient and what is the protocol for correction?"

Dr Angie related to me that this is quite a healthy patient and that she took general supplements but not specific ones to exact current body needs. The patient decided to detoxify and it seemed things had backfired.

So, let's look at the facts: She started a detox program and her body said, "Let's dump some toxins as we have been asked." Without proper nutritional support and adjusting techniques, the toxins released in the tissues and could not get out fast or complete enough. So the body diluted the toxic accumulation and the patient gained (diluting) water weight. The solution to pollution

is dilution.

If the water the patient is consuming is not a pH of 7, or slightly higher, it could and would add to this acidic, toxic condition. It would take more fluids to try to detoxify the patient for survival. No matter what the toxin is, if it gets high enough it will cause dis-ease and could even cause death, so the body dilutes the toxins for survival and the patient has put themselves in jeopardy.

All detoxification processes in the body are nutrition dependent. Therefore, the patient needs a complete nutritional body scan, eWellness Questionnaire, blood and saliva tests, hair analysis or a combination of two or more of these evaluations to determine exactly what nutrition and potential treatment he/she is in need of.

This patient may show a need for Total Liver or Total System Detox, Homocysteine Redux, DSF, Multi-polar Magnet, specific organ support like Core Level Kidney. He/she may need Total Mitochondria to add enough energy to get the job done or Total Brain to support proper healing and communication. Total Boron is also important in detoxification, Super Ox may be necessary to give the body enough anti-oxidants, and of course many areas found positive on the scan or testing may need support. One must test to know. Not to test is to guess and this is no time for guessing.

Physical treatment is very important. Test for any combination of vertebral and extremity subluxations, craniosacral subluxations, fascial restrictions, untreated scar tissue, dropped organs, especially dropped kidneys. Make sure there are no fascial restrictions and percuss any involved areas. Make sure the lymph is draining properly and facilitate that by proper adjustments, soft tissue and rib treatment.

The patient would benefit from Erchonia cold laser therapy from general red laser at 635 nm to 405 Violet laser challenging, specific cranial nerve balancing, myotome correction and organ percussion and laser integration. The foot bath is an absolute consideration and may be done three times per week for awhile. We, of course, would use our High Tech infrared sauna several times per week to help rid the body of 15% toxins when sweating, instead of the normal 2%.

This patient could have stirred up heavy metals, pesticides, PCB's, dioxins etc and the body needs support from these many avenues to help rid itself of the toxins, lose the water and allow toxic fats to break down and release. Many toxins are stored in fats, so use Total Flax or Complete Fish Oils and balance the abnormal Omega 6 to 3 ratios that are prevalent in our diets.

As usual, it is important to evaluate all possible 6 Interferences and correct with all 6 Steps to Wellness. So, of course, there could be Allergies or Sensitivities that require the A/SERT protocol and Emotions could be a big part of the problem that need addressing.

We hope this has been helpful!

Remember to call Dr Luke Lovick for any equipment needs or leasing at (678)350-5914, or the Brimhall Office for any Health Path products needed for treating or educating at (866) 338-4883.

Your local Nutri-West Distributors can be reached at their individual numbers or the Nutri-West Home Office at (800) 443-3333. High Tech Saunas can be reached at (800) 794-5355. Be sure to mention my name for a \$500 discount!

We look forward to seeing you soon at one of the Nutri-West/Brimhall Seminars. We have many new techniques and innovations to share with you and your staff. We are covering genetics and genomics at each seminar I teach. It has been a very hot topic yielding many previously hidden answers. One of the best things you can do is to bring your whole staff to have them trained, so you can see more people, provide more services, generate more health and wellness and increase your bottom line at the same time. Brandy Beeson will be attending many of the upcoming seminars to provide training to your front office and billing departments, so we hope to see you all soon!

Yours in Health and Wellness,

John W Brimhall, DC and the Wellness Team

An advertisement for 'Use Your Light' colored glasses. The background shows two hands cupped together, with a bright sunburst effect between them, set against a blue sky with white clouds. In the foreground, there is a field of green grass. To the right of the hands, three pairs of sunglasses are stacked vertically: blue, yellow, and red. The text on the left reads: 'Use Your Light' in a cursive font, followed by 'ORIGINAL ROUND STYLE SET OF 9 COLORED GLASSES INCLUDES DISPLAY STAND NORMALLY \$130, NOW \$100 CALL (866) 338-4883 MENTION THE "PUZZLE PIECE."' At the bottom, the words 'COLORED GLASSES' are written in large, white, bold, sans-serif capital letters.

Use Your Light
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COLORED GLASSES

An advertisement for job opportunities. The background is a light gray. On the right side, there is a photograph of a man and a woman smiling. The man is wearing a white lab coat and a blue tie. The woman is wearing a green top. The text on the left reads: 'HELP WANTED!' in large, bold, red, sans-serif capital letters. Below it, in smaller purple text, it says 'CLICK HERE TO FIND OUT ABOUT JOB OPPORTUNITIES IN YOUR AREA.'

HELP WANTED!
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Brimhall Wellness
See Miracles Daily



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