



Dr. Brimhall's
One More Piece of the Puzzle



For Wellness

Dr. Brimhall's Health Puzzle Piece

September 15, 2008

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This Weeks Article...

TWO SUCCESSFUL PREGNANCY CASES

by Dr. Angie Cross, Certified Brimhall Practitioner

Hi Dr. John,

Things are going well here seeing patients. I just wanted to share two exciting cases of two women trying to become pregnant and after the Six Steps to Wellness both have successfully become pregnant.

#1: A 25 year-old patient was told she would never have a child due to severe obesity, PCOS, and poor health. She had basically given up hope. She also had constant vaginal inflammation with discharges, redness, and irritation for 2 years. She had gone to all different kinds of specialists heard the same story. The last doctor (OB specialist) told her it looked like she had herpes and that she should talk to her military husband and ask him about adultery. Almost immediately, about a week later she found our clinic. After MRT (muscle response testing), we

found she had a major yeast issue (which was her "herpes"), blood sugar imbalance and endocrine system weakness. We started her on Total Yeast Redux, Total Alpha Lipoic Acid, Vanachrom, and DSF immediately. We also did a comprehensive Labrix saliva test.

When we got the results back it showed low progesterone, high DHEA, high testosterone, and abnormal cortisol levels etc., which is consistent with PCOS, weight gain, and infertility. I discussed the results with Dr. Andrews and she recommend the Diabetic solutions diet along with the Total Alpha Lipoic acid we already had her on to re-sensitize her to her insulin. We started her on the N-W progesterone cream, and continued all other N-W supplements. Within two months of yeast cleansing, detoxifying, spinal and organ adjusting, laser, and a special diabetic/yeast diet she is now down 23 lbs., healthy, no yeast, and PREGNANT.

She initially only came in for the vaginal irritation, which she claimed was ruining her life. We gave her hope and then help. We did what you teach. We treated her for what she came in for while we educated her to what she really needed: total wellness. When she came in only for what turned out to be a "yeast" problem, I told her, "Don't be surprised if you become pregnant." She thought that was impossible and yet through the Six Steps to Wellness... IT WORKED!!

Oh, and by the way, not one doctor in over three years of infertility and health issues talked to her about her diet, how to eat healthy, specific nutrients, insulin resistance, or anything else that really matters.

#2: A 34 year-old stressed out lady with no children after trying for 4 years to get pregnant is our next case history. I began educating her about the Six Steps to Wellness and changing her diet (she too was over weight, stressed out, had PCOS, and fatigue). She started care receiving adjustments, laser, modifying her diet. We started her on DSF, Total Female, and other N-W products that tested positive. We added emotional work a month later as part of the Six Steps to Wellness. She too is now pregnant. We saw her for a total of four months before she could accomplish enough change to become pregnant. She needed to clear, among other things, the emotional fact that all doctors gave up hope for her fertility.

I wanted to share with you how excited we are with these young gals who both will get the joy of becoming a mother for the first time. All the credit goes to the Brimhall Six Steps to Wellness, looking at the whole person approach, giving the patient hope with the correct Nutri-West Nutrition, while doing the naturally right procedures in the proper order to allow real health and not just symptom cover up.

Thanks so much for putting all the pieces of the puzzle together. It makes so much sense. If only all doctors knew the Six Steps to Wellness and would do this work, patients would actually get the real results they are longing for.

Have a blessed day!!

Angie Cross, DC

The Healing Arts Center

www.carrollhealingarts.com

I guess that will bring our Puzzle Piece to an end for today. We appreciate your responses and input in the field. We look forward to seeing you soon at one of the Nutri-West/Brimhall Seminars around the country.

Yours in Health and Wellness,
John W. Brimhall, DC and the Wellness Team

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