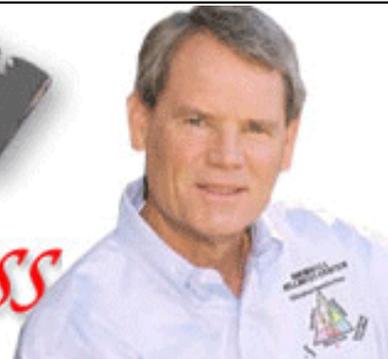




Dr. Brimhall's
One More Piece of the Puzzle



For Wellness

Dr. Brimhall's Health Puzzle Piece

November 3, 2008

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Upcoming Seminars

November 7-9
Dr. John Brimhall
Kissimmee, FL
Basic, Interm & Adv.

NW Florida
800-451-5620
or 813-996-7322

November 14-16
Dr. Brett Brimhall
Irvine, CA
Basic, Interm & Adv.

NW Southern Cal
800-541-1588
or 949-829-9245

January 23-25
Brimhall Team / Dr. John
Mesa, AZ Homecoming
Advanced

NW 4-Life
800-255-3292
or 505-237-9680

This Weeks Article...

IN THE LAST DAYS MEN'S HEARTS WILL FAIL THEM... Unless They Have: STRESS WITHOUT DISTRESS WITH DSF (in my opinion)

We have all heard or read the scripture "In [the last days]... the whole earth shall be in commotion, and men's hearts shall fail them". I am not sure how "last" these days are, but all of the commotion of financial and emotional stress is certainly causing hearts and all other organ systems to fail all around us.

The comforting thought to this idea is it gives you job security as the "Problem Solver". We have stated several times in the Puzzle Pieces that problem solvers are the highest paid and have the greatest job security. There is also a scripture that says "If ye are prepared ye shall not fear". In this case you can be the most prepared and the most knowledgeable problem solver in the world using the Six Steps to Wellness.

Fifty-four percent of all deaths in America are cardiovascular, consisting mostly of heart attacks

and strokes. Half of heart attack victims die on the first episode. I think strokes take about a third of their victims the first time they occur. Another scary statistic: cancer is the number two cause of death and may very well take the number one spot soon, unless we treat causes and predispositions rather than wait until we have a diagnosis.

We have and do state, that as Wellness Practitioners, we treat people that have conditions but we do not treat conditions that have people. To do this we need to look at what the body is telling us. Last year we wrote and spoke repeatedly about Genetics, Genomics, Proteomics, and Epigenetics. There are genetic tests that give us the blueprint our body is operating from. It shows us the card game we are playing and the cards we have been dealt. There are complete genetic profiles available for Heart and Cardiovascular predispositions, as well as Bone Density, Anti-Aging, Cancer risks, etc. We will bring you up to date on these at the January 23-25, 2009 Homecoming in Mesa, Arizona .

In the meantime we can be testing (through manual muscle testing, questionnaires, good physical exams, blood, urine, saliva, and hair analysis) the organ systems such as the heart and adrenal functions. Sometimes the first symptom of heart problems may be swelling in the feet or ankles due to posterior congestive heart failure. Dizziness, shortness of breath, or even low back pain can also be heart symptoms. The greatest amount of testosterone is in the pelvic region of course, but the second greatest needs are in the heart. Therefore if your testosterone is low you may be setting the stage for heart weakness and all that follows. We teach you what, where, and why at the seminars and the soon to be added Webinars through Brandy's Team of TPR (Total Practice Resources).

During your physical exam you should test the blood pressure lying, sitting, and standing, as well as the pulse rate. Hopefully you even have a pulse oximeter to measure blood oxygen. If the BP drops from lying to sitting or standing you have postural hypotension and low adrenal output. The Labrix salivary testing is my favorite for adrenal, testosterone, estrogen, progesterone, and iodine for thyroid function, etc. The muscle testing of an intact strong muscle and then stretching a joint and re-testing shows hypo adrenal if the muscle weakens.

If any muscle response tests or objective testing shows heart insufficiency or weakness, please test for Total Heart One or Two. Also test for Homocysteine Redux. If testosterone shows low, consider Total Arginine. If the adrenals are insufficient, it is hard for any organ or system to heal because the stress hormones weaken the entire body. So test for and correct the DISTRESS, first with DSF, usually one, three times per day and then address the cause of the stress with the other five steps of the Six Steps to Wellness. Evaluate and clear emotions. Detoxify with the Erchonia footbath. If you have the new EBi, you can dissolve DSF, Homocysteine Redux, and even Total Heart in the water and help drive the nutrition in the body with Iontophoresis. Laser, laser, and more laser is great here for adrenal and heart function, along with brain balance and the other hundred things we teach you in the Nutri-West/Brimhall Seminars.

Any and all illness has stress related to it. Hans Selye (1907-1982) found not only the adrenals to be involved, but the stomach, spleen, thymus, B complex, trace minerals, etc. DSF is the only nutrition I have seen that takes into consideration all of the systems and has the total nutritional support to bring balance back for healing and proper function.

Our oldest son is an Orthopedic Surgeon. He found in his medical training in the ER room that if they gave adrenal support immediately, before any other treatment, the patient's chances for survival doubled.

Please keep this in mind with every patient. We are all under stress with all Six Interferences and DSF needs to be given to almost every patient before you begin other treatment. Also every one of us is receiving massive amounts of electromagnetic pollution. Therefore every doctor, employee, and patient needs a multipolar magnet to help offset the cell phones, computers, lights, motors, geopathic stress, and on and on.

We look forward to seeing you very soon at a Nutri-West/Brimhall Seminar where you can get the rest of the ongoing story/stories of Health, Wealth, and Wellness. Be watching the Puzzle Pieces for the announcement of the new Webinars coming soon through Bandy and her team of Total Practice Resources.

Accompanying You in Your Success,
John W. Brimhall, DC and the Wellness Team

Brimhall Wellness Seminars
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