

# Dr. John Brimhall's Puzzle Piece newsletter



Experience  
**Nutri-West / Brimhall**  
Homecoming 2009

## New Years Resolution... Lose Size/Weight and Feel Great

December 23, 2008

**This year's New Years resolutions...** are achievable and can definitively begin at Homecoming, January 23-25, 2009, where you'll see demonstrated how to look, feel, and be healthier.

Lose toxic body fat and re-contour your surroundings.

Nutri-West/Brimhall and Erchonina have been working on a TOTAL program for achieving this outcome. I will outline this procedure over the next couple of weeks in the Puzzle Pieces. Every doctor owes it to themselves, their practices, and their patients to be at Homecoming in Mesa, Arizona this January. Every new innovation and every aspect of the Six Steps to Wellness will

### Upcoming Seminars

**January 23-25**

Advanced

**Mesa, AZ Homecoming**

**Brimhall Team / Dr. John**

**NW 4-Life**

800-255-3292

or 505-237-9680

unfold in this EVENT. Please don't be caught on the sidelines just watching the game!

IF YOU HAVE AN INTEREST TO BE TREATED AT HOMECOMING BY ONE OF THE DOCTORS OR BE A *TEST CASE* FOR THE NUTRI-WEST NUTRITION IN USE WITH THE ZERONA LASER PROTOCOL, CALL TODAY 866-338- 4883 AND HAVE NATALIE OR SHERIDA PUT YOU ON THE LIST.

Several of our doctors have been using the Nutri-West nutrition and the Zerona Laser with incredible success. This weeks experience and explanation of procedure come from Dr. John Devore of McKinney, Texas.

Many times some of the Nutri-West Nutrition is powered into the body with the EBi Iontophoresis prior to or after laser treatment e.g. (Total Liver) liver detoxification, (DSF) adrenal support, (Core Level Lymph) lymphatic congestion release, (Total Mitochondria) energy production, and mitochondrial recessitation etc.

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**February 7-8** Basic, Intern & Adv.

**Atlanta, GA** **Dr. John** Brimhall

**NW Blue Ridge**

800-334-3793

or 843-342-3688

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**Feb 27- March 1** Basic, Intern & Adv.

**Dallas, TX** **Dr. John** Brimhall

**NW Texas**

800-247-8791

or 214-733-8838

## Frequently Asked Questions about the Zerona™ Laser Treatments

**What is the Zerona™ laser and what will it do?**

The Zerona™ produces a low-level or cold laser

## Special Guests at

### Homecoming

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#### Dr. Brian Eric LeCompte

One of our guest lecturers at Homecoming is Dr. Brian Eric LeCompte, who tests and treats using genetic profiles with natural therapies in his clinic and is highly published. Please click this link for his CV and Bio:

- [Dr. Brian Eric LeCompte's CV and Bio](#)
- 

#### Dr. Ryan Maloney

Dr. Ryan Maloney, a PhD, will cover the research on the Zerona Laser, the many uses and health improvements seen with its use. You will find his CV and Bio here as well by clicking on this link:

- [Dr. Ryan Maloney's CV and Bio](#)

If you use laser this presentation is not even optional, it is a must. If you don't and hear his presentation, I think you soon will be doing LLL or low level laser.

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light that has no thermal effect on the body's tissue. Excess fat is removed naturally by the body without the negative side effects and downtime associated with more invasive procedures such as liposuction. The patient is given nutrients according to testing and evaluation of the NUTRIWEST NUTRITION e.g. [Total Trim, DSF, Total Liver Detox, Total Mitochondria, Niacin B6, Core Level Lymph](#), and we are working on a new [Total Fiber and a 500 mg L Carnitine](#).

#### How does the Zerona™ laser work?

The low level light therapy emitted by the Zerona™ laser causes the fat contained in the fat cell to liquefy. The laser causes a transitory pore in the fat cell membrane to open, allowing the liquefied fat to leave the cell and accumulate in the interstitial space around the cells. There is no damage to the cell membrane since fat is expelled through this transitory pore. Once the fat is in the interstitial space, it is naturally removed by the body through the lymphatic system. Of course this is where NutriWest Core Level Lymph, the Adjustor, and the Adjustment along with the Percussor and

## Dr. Robert Ornelas

Dr. Robert Ornelas is one of our Certified Brimhall Practitioners and was one of the first chiropractors to add the Zerona Laser Protocols with the Nutri-West Nutrition and has had incredible results. He will do a Puzzle Piece on his experience to be released in the next couple of weeks. He will be part of the program at Homecoming and will present his office protocol, which has been and is overwhelmingly successful for health, wellness, and profitability. He will workshop the Zerona Laser, foot baths and Electro Magnetic therapy with the appropriate Nutri-West nutrition at Homecoming. He is bringing along his office staff Amy Lai and Ampee Gomez, to show you how it all fits together. He recently told me, since he met Nutri-West and Dr. Brimhall at a Las Vegas Parker seminar four years ago, he has increased his production and profitability two and one half times.

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Craniosacral Treatment (as will be taught by Dr. Jeff Maitland) shine brightly.

### How much can I expect to lose?

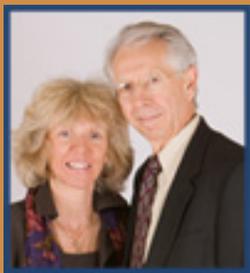
Everyone is different and so results will vary. The success of the treatments depends on your body's ability to detoxify emulsified cellular debris.

Therefore, not all patients will obtain the same outcome at the end of the two-week therapy. In double-blind, randomized, multi-site, placebo-controlled clinical trials that tracked the circumferences of patient's hips, waist and thighs, the average total loss was 5 to 6 inches, up to a maximum of 9.5 inches, compared to a placebo group that only lost a half inch.

### Who can receive treatment?

You may not be a good candidate for the Zerona™ laser treatments simply because you want to lose weight. Our doctors will examine your spine and musculoskeletal system and determine if weight loss will improve your health. If they determine that your spine and musculoskeletal system will benefit from weight loss and fat detoxification resulting

## Dr. Jay Mead and Dr. Erin Lommen



Dr. Jay Mead and Dr. Erin Lommen will cover the Labrix testing and be reporting as follows:

Saliva versus Serum: the science behind the testing and the effectiveness of topically applied hormones.

Women' Health: from PMS to Post menopause.

Nuts and bolts of testing and treatment of Men's Health: from ED to Andropause.

Nuts and bolts of testing and treatment Iodine: it's Medical

Uses and the treatment of thyroid deficiency.

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Also select the link below to see the Genetic Testing available at Homecoming

- [Genetic Testing](#)

you will also receive detoxifying foot baths.

### Will the Zerona™ laser get rid of cellulite?

The Zerona™ laser reduces contours due to excess fat, not cellulite. So, it will not get rid of cellulite.

from the Zerona™ laser treatments, the doctor will determine a treatment and nutritional protocol that is best for your body.

### Are there any risks?

There are no known risks associated with low-level laser therapy. This treatment causes no discomfort before or after the treatment.

### Is the procedure painful?

Zerona™ is painless and requires no surgery, no anesthesia, no needles, no recovery, no healing, and no downtime.

### What will the treatment be?

Typically, you will receive six 40-minute laser treatments during a two-week period. Additionally, you will receive two chiropractic treatments to prepare your body for the laser treatments for optimal results. To better enable your lymph system to detoxify the excess fat from your body,

### **Will the fat deposit “elsewhere?”**

Fat removed by the Zerona™ is metabolized and removed by the body. There is no evidence that this fat deposits elsewhere.

### **Can I just use the Zerona™ laser instead of dieting?**

The Zerona™ procedure is not a weight loss program, nor is it a cure for obesity. It is an adjunct, and often a 'kick-start,' for a healthy lifestyle, which includes good nutrition and adequate physical activity. That is why we have an entire Nutri-West nutritional protocol available.

### **Can the fat return?**

The Zerona™ laser itself does not remove the fat cells from the body. The fat loss that occurs is similar to fat lost after diet and/or exercises and in that sense may not be permanent without proper lifestyle changes. Poor diet and exercise habits may undo the results and the fat cells may begin to retain fat again. So lifestyle, dietary and supportive therapy (or all 6 Steps to Wellness) is the best answer.

### **When can I expect to see the results?**

Sometimes results are seen almost immediately. Typically the results are seen about one week after completion of your Zerona™ laser treatment. However, some individuals do not experience weight loss at all.

### **Why did you take my measurements?**

To be able to gauge your progress, we take your measurements before you begin the procedure, during the two-week treatment period, and then once again two weeks after the treatment is completed. Even if you are just targeting one area of your body, we still take your full measurements because other non-targeted areas are often affected by the treatments.

Hopefully you are excited about the new innovations Nutri-West/Brimhall and Erchonia bring to you. We are not

only the first, we are the one and only team that have brought many new and life/practice changes to you and the profession. We were the first to bring Percussion to the Chiropractic family. We were the first to introduce cold level laser as part of a seminar curriculum to the Chiropractic world as well.

Help us take Wellness to the World. Call and schedule for Homecoming today. Map out the seminars you want to take for '09. Schedule your Certification or Re-Certification and reap all of the benefits from increased results and reduced costs for seminars and Health Path Products. Re-Certification is available at Homecoming. It only costs the full price of the seminar. After re-certification you will receive half-price to all other Nutri-West/Brimhall Seminars for two years.

Total Practice Resources now has their website up and invite you to come and see at www.totalpracticeresources.com. Their Webinars start in January as well. Be sure and look for the titles, dates, and times coming soon.

Yours in Health and Wellness,

John W. Brimhall, DC and the Wellness Team

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Brimhall Wellness Seminars

(866) 338-4883

info@brimhallwellness.com

[www.brimhall.com](http://www.brimhall.com)

Total Practice Resources

(303) 242-8901

brandy\_tpr@yahoo.com

[www.](http://www.totalpracticeresources.com)

[totalpracticeresources.com](http://totalpracticeresources.com)



**CHRISTMAS FOR EVERYONE**

Buy any laser in the month of November and receive five RF Raiders free to give away for stocking stuffers. *\$200 Value*

**REMANUFACTURED ERCHONIA SALE**

	<b>Regular Price</b>	<b>Discounted Price</b>
Base Station™	\$25,900	\$22,900
DermaLASER™	\$17,900	\$14,900
PL 5000	\$12,900	\$11,900 2008 Model
PL 5000	\$12,900	\$10,900 2007 Model
PL 3000	\$6,995	\$5500
EBPro™	\$2995	\$2500
VA Adjustor™	\$1,000	\$850
VP Percussor™	\$1,100	\$950

Call (866) 338-4883



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**ERCHONIA**  
 The World's Leader in  
 Low Level Laser Technology

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