



**44.5 INCHES LOST AT HOMECOMING WITH NUTRI-WEST NUTRITION AND THE ZERONA LASER**

February 16, 2009

**Homecoming was a smashing success...** in all areas. Today we want to concentrate on just one aspect, which is the combination of the Zerona Laser and the optimal Nutri-West Nutrition. We have included a graph that shows how many inches were lost on each participant. The record was 8 1/8 inches on one doctor in three treatments. We had one doctor loose 7 inches in one treatment. The next runner-up was 6 1/8 inches in three treatments. The participants received 20 minutes of Zerona Laser on each side for a total of a 40 minute exposure.

[CLICK HERE TO SEE THE RESULTS GRAPH](#)

We have also included two pictures of a before and after so you can see what it looks like to loose 7 inches in 6 treatments. The pictures were

furnished by Dr. Barnes and are unrelated to Homecoming.

We have found the following Nutri-West nutrition to be the most helpful:

1. Total Trim is helpful for all aspects of the necessary nutrition for weight or size loss.
2. Total Thyroid should be tested for and given if necessary to allow for proper metabolism.
3. Core Level Lymph is very helpful to allow the lymphatics to do their job in the process of weight or size loss.
4. DSF is necessary in almost every case; and it along with several of the others like Core Level Lymph and Total Liver Detox may need to be put in the water if you have the EBi for iontophoresis before Zerona treatment. In many cases a detox foot bath needs to be used after treatment for maximum benefit.
5. Total Liver Detox to support liver function and detoxification shows often to be necessary.
6. Total L Carnitine is a nutrient responsible for the transport of long-chain fatty acids into the energy

## Upcoming Seminars

( [see Complete 2009 Schedule](#) )

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**Feb 27- March 1** Basic, Interm & Adv.

**Dallas, TX** **Dr. John Brimhall**

**NW Texas**

800-247-8791

or 214-733-8838

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**March 13-15** Basic, Interm & Adv.

**Cincinnati, OH** **Dr. Brett Brimhall**

**NW Ohio**

800-237-4801

or 937-644-8129

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**March 20-22** Basic, Interm & Adv.

**New York, NY** **Dr. John Brimhall**

**Nutri-West New York**

888-227-5469

& 845-651-1040

producing centers of the cells (known as the mitochondria).

7. Total Niacin is helpful to dilate the blood vessels and is important for the conversion of food to energy. It has been shown to increase HDL. It assists in the functioning of the digestive system, skin, and nerves.
8. Total Greens can be used to support any nutritional program and dietary regime. It along with Total Veggie or Total Protect also helps to alkalize the body.

WE WILL BE DOING THE ZERONA TREATMENT AT THE DALLAS, TEXAS SEMINAR 2-27 to 3-1, 09. There are some very specific treatments we include that help in SIZE AND WEIGHT REDUCTION. Dr. John DeVore helped us at Homecoming and will be on hand in Texas to demonstrate these techniques. It is important to clear the emotions of size and weight loss.

See You Soon,

John W. Brimhall, DC and the Wellness Team

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Brimhall Wellness Seminars

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[www.brimhall.com](http://www.brimhall.com)

Total Practice Resources

(303) 242-8901

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