



TURN FAT INTO ENERGY...

March 23, 2009

You can't beat a deal like that can you... As you know we have been talking about the Zerona Laser and the size loss patients are having. Participants are loosing weight and achieving lower cholesterol and triglycerides in many cases.

We have developed Total Nutrition for use with or without the Zerona for size reduction and weight loss. Please look below at two of the new nutraceuticals that are proving to be very effective.

TOTAL L-CARNITINE (Dr. John Brimhall)

Carnitine is dubbed the "energy nutrient"; it brings long chain fatty acids across the mitochondrial membrane to be burned for energy. Combined with co-factors, carnitine works biochemically to help loose weight and maintain weight homeostasis.

Each Tablet Contains: Vitamin B-1 2 mg, Vitamin

Upcoming Seminars

([see Complete 2009 Schedule](#))

March 27-29	Basic, Interm & Adv.
San Jose, CA	Dr. John Brimhall
	Nutri-West Northern
	California & Hawaii
	877-692-2644
	& 209-543-1914

B-2 2 mg, Vitamin B-6 2 mg, Magnesium (as chelate) 2 mg, Zinc (as chelate) 500 mcg, Selenium (as chelate) 2 mcg, L-Carnitine HCL 250 mg, Gamma Oryzanol 10 mg

60 2744 42.00

Suggested Dosage: 2 tablets 1-3 times daily

Contraindications: None known at recommended dosages.

Total Niacin (Dr. John Brimhall)

Niacin, or vitamin B-3, is part of an enzyme called

NAD that is needed for hundreds of biochemical reactions, including lipid (fat) transport and removal. It helps to convert food to energy. It helps to dilate blood vessels and helps to keep them pliable. It has been shown to increase the protective cholesterol or HDL. Total Niacin is boosted with other vitamins and nutrients to compliment its beneficial effects.

Each Tablet Contains: Niacin 100 mg, Vitamin B-6 5 mg, Inositol Hexanicotinate 100 mg, Niacinamide 25 mg, Gamma Oryzanol 25 mg, Rhodiola Rosea 50 mg

60 2745 16.00

Suggested Dosage: 1 tablet three times daily.

Contraindications: Some People May Experience Some Flushing. DO NOT take on an empty stomach.

Contact your Doctor if you have any questions.

We are demonstrating the new nutrition and the Zerona Laser at the San Jose Seminar this weekend and at the April Certification in Mesa, Arizona. All of that is the good news. The not so good news is Erchonia has an offer

April 15-18 (Wed-Sat)	Advanced
CERTIFICATION	Brimhall Team
Mesa, AZ	866-338-4883
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May 1-3	Basic, Interm & Advanced
Des Moines, IA	Dr. John Brimhall
	Nutri-West Central
	800-383-0537
	or 515-276-2919

on the table that will sell the marketing rights to a company that may not sell the Zerona to Chiropractors after this next thirty days. We are working to maintain this great tool for Chiropractic use but we do not know the outcome at this time.

So strike while the anvil is hot and come and see us, the new Nutri-West Nutrition, Brandy with Total Practice Resources and her incredible presentation on implementation of office procedures, internal and external marketing, billing and proper coding along with the Zerona Laser. All of this and more will be presented this weekend in Northern California.

Also be aware we are only doing one Certification in 2009 , which is April 15-18 in Mesa, Arizona.

See You Soon!

John W. Brimhall, DC and the Wellness Team

Brimhall Wellness Seminars

(866) 338-4883

info@brimhallwellness.com

www.brimhall.com

Total Practice Resources

(303) 242-8901

brandy_tpr@yahoo.com

[www.](http://www.totalpracticeresources.com)

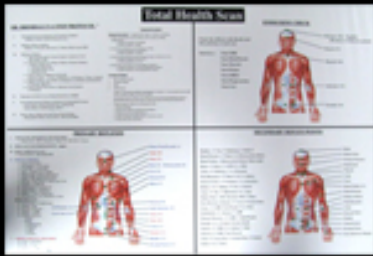
totalpracticeresources.com

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