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Dr. Brimhall's One More Piece of the Puzzle for Wellness

Dr. Brimhall's Health Puzzle Piece | **February 5, 2007**

headline :::

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Upcoming ::: Seminars :::

February 7-9	**February 21-25**	**February 23-25**
Parker Chiro Seminar Parker Homecoming	Advanced Certification	Basic, Interm. & Adv. Dr. David Lee
Las Vegas, NV Parker Seminars 888-727-5338 or 214-902-2435	**Mesa, AZ** Brimhall Wellness 866-338-4883 or 480-964-5198	**Charlotte, NC** NW Blue Ridge 800-334-3793 or 843-342-3688

View complete seminar schedule

Please make sure to check schedule frequently for schedule changes and updates.

Help us Find Waldo! See Details Below...

Uterine Fibroids and Dysmenorrhea

Hi Dr. John,

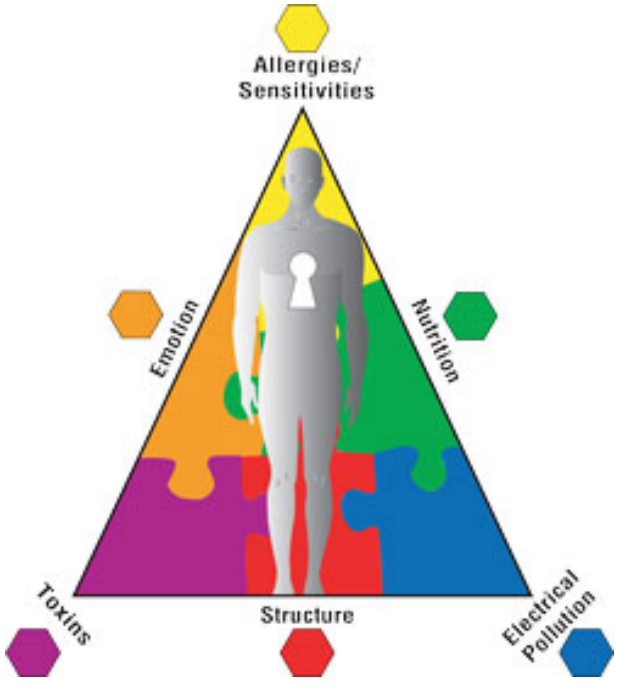
(Question): What advice can you give regarding uterine fibroids and Dysmenorrhea? The patient has done Labrix saliva testing and has a high estrogen to progesterone ratio. She has been using the Natural Change progesterone cream, in addition to other Nutri-west supplements. She has been doing foot baths and acupuncture once per week, but seeing no change. Any suggestions and recommended resources would be greatly appreciated. Thank you.

Dr. Connie Boczarski

(Answer): This is a great and common question that could be asked. As you know we can not answer each practitioner's questions individually but welcome this opportunity to discuss possibilities that over thirty years of experience and study might offer.

Please doctors, give us all of the information you have on a case history. I would like to know what else the Labrix test showed, what the Total Scan revealed and especially if the Violet laser was used in the scan to show hidden emotions and weaknesses. I would expect this patient needs Total Greens and/or Total Veggie and/or Total Protect. High estrogen or high estrogen to progesterone ratio can be a problem as is indicated in the case history. The organic greens help to balance estrogen dominance.

What does the adrenal picture show? How old is the patient? What is the emotional stress picture and especially what is the body's ability to handle stress and relationship interactions?



Let's take these one at a time. I would test the patient for adrenal stress with lab tests, blood pressure drop (Ragland), and ligament stretch as we teach in the seminars. I would test to see whether DSF Glandular or Herbal tested the best. I would then test to see, while they are holding the appropriate DSF, whether Total Pregnenolone, Total DHEA, and/or Total Cort tested the best to add to the DSF. This will help the overall hormone and resulting brain functions to balance.

Please remember you must take the patient out of the General Adaptive Syndrome to allow healing. The body can not heal in sympathetic drive. One of the first things that malfunction under constant stress is the adrenals, leading to blood sugar imbalance and desensitization of insulin. So it will take more insulin to get the job done. This bathes the ovaries, kidneys, eyes etc in more insulin than is optimal for them to get the glucose in the muscles, liver and fat cells. This can be one of the complications in fibroids and dysmenorrhea; too much insulin. Adrenal support as stated with possible Vanachrome to help the body balance blood sugar must be considered. You must test for the multipolar magnet because this person is probably using the computer, cell phone, riding in cars, under florescent lights etc. Of course each person needs Total Enzymes and Total Probiotics as last

weeks Puzzle Piece discussed so elegantly.

I would do Couples Integration with parents, spouse and other family members, as that may be a trigger of constant imbalance. "Who is the matter with me" is a constant consideration. I would Laser the ovaries, adrenals, brain as they test under challenge. The liver is a real consideration in these problems. Test for Total Liver. The eyelights help overall daily balance. The multipolar magnet over the ovaries and uterus has been known to help. Test and correct visceral subluxations or lack of proper three dimensional organ movements. Correct with visceral manipulation using the percussor and by hand. Follow up with Red Laser to maximize the body's memory of the correction. Make sure you do an organ lift if indicated to the uterus, bladder and kidneys. Giving Total Greens or Total Veggie is important after each foot bath.

Do the Total Scan with the Violet laser each time the patient comes in if you have one. This brings up hidden problems and emotions. Clear with the Red-Violet Laser treatment. If you do not have a DermaLaser or a Base Station, our sales team Dr Luke Lovick and the ladies in our office would like to solve that problem for you. Otherwise use the Total Scan by hand at least once per month to be aware of nutritional needs and changes.

Of course toxins, allergies, heavy metals and the rest of the Six Interferences are always a consideration. Now you can see why the last several weeks we have talked of using Dr Toohey's N-Compass Program to help you be the guru you need to be in understanding complicated cases and why we use the Questionnaires and Blood Interpretation programs Dr Bowers has available for you.

Call our office at 866-338-4883 if you need information on anything we just listed, upcoming seminars, equipment, the programs mentioned or you are just lonesome. We are here to serve.

Yours in Health and Wellness,
John W Brimhall, DC and the "TEAM"

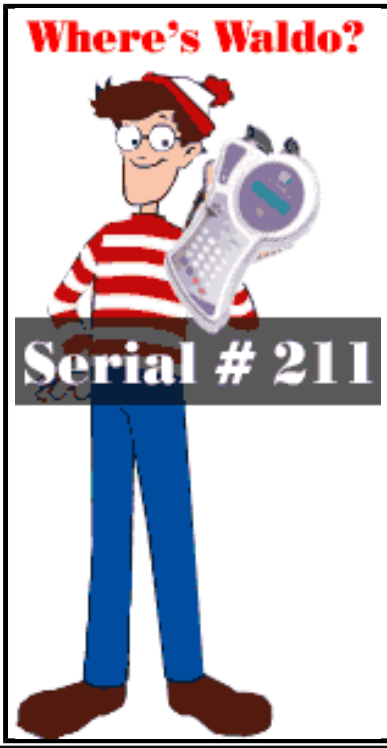
This Weeks Specials

Save 5%

When you purchase any of these products at our web store www.BrimhallStore.com

Magnets #6010	Total Health Scan DVD #2091	Total Health Scan Chart #6180

Coupon Code: pp020507
Hurry coupon is only good through Feb. 12, 2007



Just a heads up!
Dr. Brimhall's personal **Violet Laser** got misplaced in the excitment & shuffle of **Homecoming**.

"Waldo" is serial #211 and was in a black case with bright yellow **"Brimhall"** labels on it.

Surely you would have notice traveling home with an extra violet laser, but just for grins & giggles ... please check your DermaLaser serial #'s.

If anyone remembers using **"Waldo"** on Sunday or has any information as to where he might be, please contact our office at (866) 338-4883. Thanks!!

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