Dr. Brimhall's
One More Piece of the Puzzle
For Wellness

headline :::	August 2006 Certification - only 10 Seats Left
EXTRAS :::	Top 5 Reasons to have a Brimhall Web Site.

Are Antibiotics Life Savers or Detrimental to Life?

We have been asked to comment on antibiotics compared to nutrition and natural therapy. I am going to keep my comments clinical and antidotal and not quote from studies. Those are plentiful and can be found on the internet and side effects are in the PDR for your review.

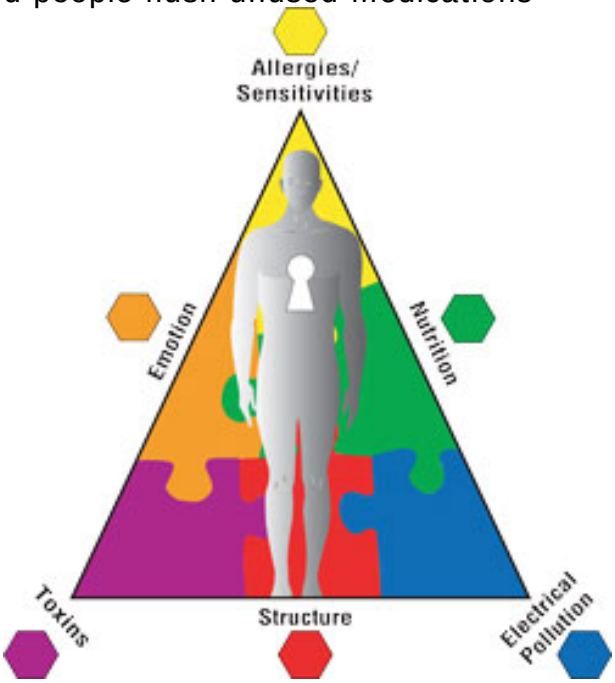
We raised seven children; all boys except four. We did not need or use antibiotics, except twice, in all of their growing up years. One son flipped a motor cycle and cut a finger off. The surgeon sowed it back on, but it did not take. He had antibiotics at that incident. We had a daughter at a very young age pick up a penny, she found on the floor, and put it in her mouth. She inhaled it into a lung. This caused pneumonia, putting her in the hospital to have it removed with fiber optics. Antibiotics were used on this occasion.

So I am not against antibiotics. When my wife was crushed last year and spent two weeks in the hospital, requiring rods to be put in her spine. Of course antibiotics were used. She was also on a morphine pump. Within a few weeks she was off all medication of any kind. Her hospital room looked like a Nutri-West distributorship. We had her on Virex to help fight infection; Total Probiotics to reestablish gut flora; Total enzymes to help reduce swelling, inflammation and assist in digestion; Total Calcium to help rebuild the bone; Multimune for the immune system; Total Mitochondria because we were using the Erchonia PL5 Laser one to two hours at a time and the mitochondria can not keep up on their own. We wanted the body to have the raw materials to fight, build and repair. All of the body's processes are nutrient dependent.

We, as a family, use antibiotics in rare extreme cases when needed. The rest of the time my wife, children and myself have had no need for them. We have all been adjusted around once per month since we learned of the innate ability of the body to heal. If anyone had a fall or started to get sick, we would adjust them as often as needed. One son had a temperature that skyrocket in the night. I adjusted him hourly until the body could get control at a more normal temperature. As our children got fevers, the flue or whatever, we would adjust them, use appropriate nutrition, do enemas, and use the laser etc until they normalized.

I have not had antibiotics since before 1968. I have not needed them. I do take Nutri-West nutrition every day for my immune system and for about every other system, as needed. I would use antibiotics if I needed them, but I do not want crisis therapy unless there is a crisis, and I want to avoid that as much as possible by daily wellness therapy. I do an Infra Red Sauna (from High Tec Health: 800-794-5355) every week and usually twice, along with an EB Footbath at the same time. I have not skipped lasering myself daily in several years and have not gone without my supplements every day for over thirty years.

A doctor was sitting next to me on the plane a few years ago, who was reading a heavy duty report on the devastating effects of antibiotics on the American people. I ask him about this report and who he was. He worked for drug companies and his job was to educate doctors and the public to reduce the use of antibiotics. He showed me in the report that there were strains of bacteria that medication would not touch. He explained people flush unused medications down the toilet and bacteria were developing strains that were resistant to everything.



He showed me studies where patients were developing reactions to many and some to almost all medications. His opinion is they should be used with caution and judgment. He pointed out that too early or too much use of antibiotics causes a compromised immune system for the user.

It is not legal for DC's to tell patients to use or not use any type of medication, as that is the practice of medicine. It is legal, ethical and moral to show the world how to get and stay well. There are six causes of interference that robs us of our health and wellness. There are six steps to identifying and correcting those interferences.

In God We Trust,

John W Brimhall, DC and the Wellness Family

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