Dr. Brimhall's
One More Piece of the Puzzle
For Wellness

headline ::: Certifying this August 9 - 13th? Well here are the details...
EXTRAS ::: How You Can Educate Patients on the Brimhall Protocols

COUNT YOUR MANY BLESSINGS or Lose Them!

I want to start out this week with a thought, before answering a doctor's question/comment: "As if he (Dr Brimhall) has ANY research to validate his protocols????"

In ENERGY MEDICINE by Dr Oschman, he shows a graph of frustration compared to appreciation on page 238. Frustration, as depicted on a heart graph is erratic, ugly, and all over the page. Appreciation is smooth, even and a beautiful graph. So goes our life, whether we choose to appreciate or to criticize and frustrate.

T. Harv Eker, in his book **Secrets of The Millionaire Mind** sates that the Universe responds to the energy you put out. His example is if someone gives you a gift and you are excited and say thank you and give them a big hug, they are likely to give you another gift. If you say it is ugly, too big or too small or not the color you wanted, they will probably not want to give you anything again.

Harv says the universe is the same way. If you are given a gift and do not use it, you will loose it. If there is a penny on the ground and you do not pick it up and say thank you universe, then you are not willing to receive the wealth that abounds with much greater amounts.

Below is a story of a man that is inspirational for us all:

John is the kind of guy you love to hate. He is always in a good mood and always has something positive to say. When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!"

He was a natural motivator. If an employee was having a bad day, John was there telling the

employee how to look on the positive side of the situation. Seeing this style really made me curious, so one day I went up and asked him, "I don't get it! You can't be a positive person all of the time. How do you do it?"

He replied, "Each morning I wake up and say to myself, you have two choices today. You can choose to be in a good mood or...you can choose to be in a bad mood. I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or...I can choose to learn from it. I choose to learn from it. Every time someone comes to me complaining, I can choose to accept their complaining or... I can point out the positive side of life. I choose the positive side of life.

"Yeah, right, it's not that easy," I said.

"Yes, it is," he said. "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how you react to situations. You choose how people affect your mood. You choose to be in a good mood or bad mood. The bottom line: It's your choice how you live your life."

I reflected on what he said. Soon hereafter, I left the Tower Industry to start my own business. We lost touch, but I often thought about him when I made a choice about life instead of reacting to it.

Several years later, I heard that he was involved in a serious accident, falling some 60 feet from a communications tower. After 18 hours of surgery and weeks of intensive care, he was released from the hospital with rods placed in his back. I saw him about six months after the accident.

When I asked him how he was, he replied, "If I were any better, I'd be twins. Wanna see my scars?"

I declined to see his wounds, but I did ask him what had gone through his mind as the accident took place.

"The first thing that went through my mind was the well-being of my soon-to-be born daughter," he replied.

"Then, as I lay on the ground, I remembered that I had two choices: I could choose to live or... I could choose to die. I chose to live."

"Weren't you scared? Did you lose consciousness?" I asked.

He continued, "..the paramedics were great. They kept telling me I was going to be fine. But when they wheeled me into the ER and I saw the expressions on the faces of the doctors and nurses, I got really scared. In their eyes, I read 'he's a dead man.' I knew I needed to take action."

"What did you do?" I asked.

"Well, there was a big burly nurse shouting questions at me," said John. "She asked if I was allergic to anything. 'Yes, I replied' The doctors and nurses stopped working as they waited for

my reply. I took a deep breath and yelled, Gravity!" Over their laughter, I told them, "I am choosing to live. Operate on me as if I am alive, not dead."

He lived, thanks to the skill of his doctors, but also because of his amazing attitude...I learned from him that every day we have the choice to live fully. Attitude, after all, is everything. Therefore do not worry about tomorrow for tomorrow will worry about itself. Each day has enough trouble of its own. After all, today is the tomorrow you worried about yesterday.

A NOTE FROM DR. BRIMHALL

Dr S,

Writes: What documentation does Dr Brimhall have for his work?

This is my response to him and you:

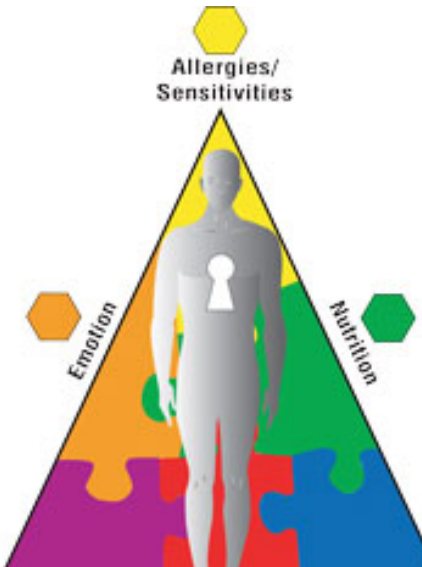
Thank you for taking time to read the Puzzle Piece and to respond.

Your comment if not unfounded. Chiropractic in general has been criticized, since its inception, for stating clinical results and not hard core double blind cross-over studies. Harvey Lillard did not know how or why he got his hearing back when DD Palmer pushed on his back. I did not know after my first visit why or how the pain in my back subsided and the feeling came back into my legs. My wife did not know why her headaches left for the first time in five years when she received her first adjustment. My adjustment was full spine and hers upper cervical. Those in Chiropractic still argue on the issue of full spine, upper cervical, instrument vs. hand only adjustment, etc.

There is much talk in the scientific community how valid and accurate those double blind studies are of late. Most of them are funded by drug companies. If they were completely accurate, I guess we would not have drugs released that yield the many side effects and birth defects etc. that we see and read about.

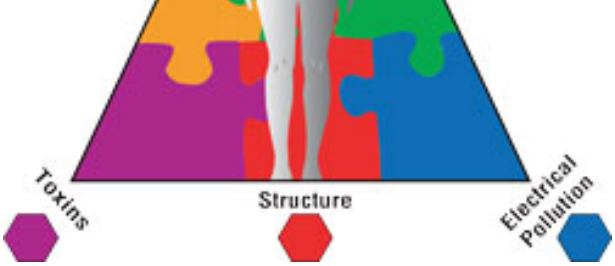
The patients I have seen are from around the world and have brought studies to the tune of thousands and hundred of thousands of dollars and with no positive outcome for the patient. Many of them left us and our care with much improvement and referred their family and friends until I was seeing 50 to 70 referrals per month, strictly by this process and no advertising.

It would be wonderful to have a benefactor sponsor research and documentation. I am but a practitioner that gave up this dream **Million Dollar practice** to teach others what we had developed. For we found there were six causes of the subluxations and we evaluated the causes, the effect and the solution, called the **Six Interferences** and the ***Six Steps to Wellness***.



Like any system it is not perfect and has not been "Ok'd" by the AMA and I do not think that will happen. In the mean time, it is a systematic approach that is

working in clinics and for patients around the world. I do not think Wall Mart has any double blind studies, but it sure is growing and serving many people. I hate to use them as an example because they have credibility issues of their own. I refer to the systematic approach they and McDonalds use to have their businesses function well.



We eat, sleep and treat the subluxations that DD and BJ Palmer talked about. We have found there are 6 causes of the subluxation and therefore 6 different types of corrections or considerations one must use to correct them and to prevent them. Our results are clinical and there are clinics around the world getting the same clinical results daily. That is the only proof I have. I would love to have more documentation and research but I do not have any more time or energy to take it to the next step.

I welcome ideas of documentation and research possibilities. My mind and actions have always been to get people well like my experience with Chiropractic.

I again thank you for your comments. I look forward to meeting you someday and showing you first hand, the miracles of Chiropractic still happen every day.

Yours in Health and Wellness,
J W Brimhall, DC and the Wellness Family.

Remember to pick up all your Brimhall products at www.devotedtowellness.com or call our offices for Lasers, Percussors and EBs at (866) 338-4883.

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