You are receiving Dr. Brimhall's Health Puzzle Piece newsletter either because you subscribed or have been subscribed to receive weekly health and wellness announcements. To modify your subscription go to the bottom of the page.

# Dr. Brimhall's One More Piece of the Puzzle for Wellness

**Dr. Brimhall's Health Puzzle Piece** | **July 26, 2006**

headline ::: Building Internet Exposure - Part I

EXTRAS ::: Pick up a Brimhall Web Site by July 31st and Receive FREE Marketing Services

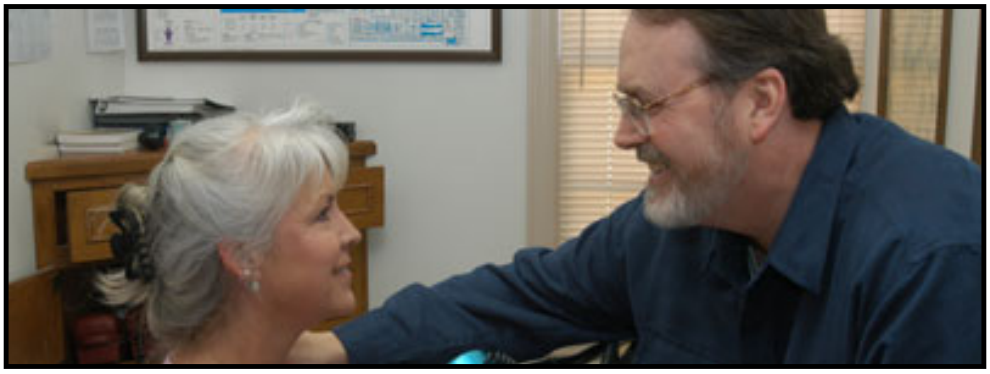
This weeks Health Puzzle Piece has been contributed by one of our doctors, C. Gary Taylor, D.C. Here is one example of the benefits of integrating a holistic approach into your practice. Dare to be different, create miracles and reap the rewards.

## The "WHolistic" Approach

by Dr. C. Gary Taylor

### Holistic chiropractor

Cold lasers, colored glasses, tuning forks, percussors, magnets and foot baths—these are just some of the tools used by holistic chiropractors to treat patients.



Dr. C. Gary Taylor, D.C., is the only holistic chiropractor in Columbus. He says, "We don't treat diseases, we treat patients who suffer from them." He follows a 6 step protocol at his Wholistic Wellness Center. He spells it with the "W" to emphasize the "whole body."

Quoting Thomas A. Edison, who said, "The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease," Taylor says it's his goal to bring a person's body to balance

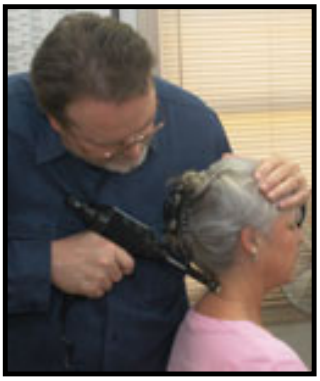
structurally, nutritionally and emotionally. Using the tools of his trade, he eliminates interferences that keep the body from achieving good mental and physical health. He adds that there is also a place for prayer in his program. His 6-step protocol to health and wellness includes removing nerve interference, rebalancing electromagnetics, resetting adrenals and the general adaptative syndrome, repairing nutrition, removing infective organisms, replacing enzymes and hydrochloric acid, reinoculating the bowel flora, removing abnormal emotional patterns, removing or reprogramming allergies and sensitivities and removing heavy metals and toxins.

He said that this protocol has been successful in helping improve the health of patients with such conditions as acid reflux, allergies, asthma, arthritis, autism, auto immune disorder, chronic fatigue syndrome, chronic neck and back pain, colic, fibromyalgia, hormonal imbalances, migraine headaches, attention disorder, sports injuries, stress and tension related problems and traumatic brain and spinal cord injuries.

Taylor, who'd been what is known as a traditional chiropractor for 12 years—manual manipulation of spine and joints—got into holistic medicine by accident and he says it saved his life.

"I went to Atlanta for another recertification course, and was dreading it. At the time I was suffering from chronic fatigue syndrome and could barely make it through each day," he said. "I went into one of the classrooms, but something made me change my mind and I went into one where Dr. John Brimhall was teaching. I was fascinated by the seminar and afterwards asked him if he could help me. Dr. Brimhall referred Dr. Taylor to one of his students who practiced in Atlanta, Dr. David Lee. As it turns out, Dr. Lee was a classmate of Taylor's at LIFE College. Taylor said Dr. Lee determined that he was allergic to dairy products, that he had other allergies and emotional blocks. Taylor said that after four months of following the wellness program Dr. Lee set up that "I was feeling better than I'd felt in 10 years."

Now Taylor's patients are crediting him with saving their lives.



Anita Ledoux was in an auto accident. A 2 x 4 crashed through the windshield of her pickup truck and knocked her head through the back window. She said the accident left her an emotional and physical wreck. She said she was prescribed medicines for her different ailments—anti-depressants, anti-inflammatories, muscle relaxants—but soon she'd have to change medications because they would react with the other medicines.

Since coming to Dr. Taylor, she is off all medicines. "I only take nutritional supplements," she said. She also sent her husband to see Dr. Taylor after his hand and wrist were smashed. "His (Dr. Taylor's) treatment did in five weeks what the doctors were expecting to take three months," she said.

Pam Reese is another patient who also says "Dr. Taylor saved my life."

She began seeing Dr. Taylor in 1984 after a series of 14 automobile accidents, "I was always

the passenger," she quickly points out. All she got from traditional physicians was extra strength Tylenol for her pain. Dr. Taylor's treatments left her pretty much pain free, although she has occasional flair ups of pain from time to time, "but nothing like it used to be," she said. He also helped her with her emotional well being after her son died four years ago during the Easter weekend. Since then, she's been to Taylor for treatment of depression, reflex sympathetic dystrophy ("20 years ago, they told me I'd be in a wheel chair in 10 years, hasn't happened yet,") rheumatoid arthritis, osteoporosis, fibromyalgia, and lupus. "I didn't treat the disease, I treated the patient by removing the interferences that allowed her body to heal," Taylor said.

Dr. Taylor is especially high on the Erchonia cold laser to diagnose and treat injuries and disorders. He said the laser will strengthen reflexes and muscles, increase range of motion and reduce pain. He said it's been used successfully to reduce inflammation and swelling and help in healing burn victims.

In his book, "Solving the Health Puzzle with the 6 Steps to Wellness," Dr. Brimhall devotes several pages to the laser, touting it for pain relief, sports injuries, nervous system injuries, and treatment of carpal tunnel syndrome. For Dr. Taylor, healing is all about testing to discover what's blocking the body's ability to heal itself, then applying the proper tools and techniques to get the body back into balance. "The primary role of the chiropractor is to get spinal alignment to rid the body of interferences, to allow the body to heal itself," he said.

Dr. Taylor's office is at 2649 Juniper Ave. His phone number is 706 563-1953. The web site for his practice is www.advanced-wellness.com.

## A Note of Appreciation

This article was published by The Columbus Ledger-Enquirer in their weekly health magazine called Thrive on Tuesday, April 18, 2006. We thank Dr. Taylor and The Columbus Ledger-Enquirer for sharing and allowing us to use this article. Click here to view the original article.

## Contact Us

You can make Brimhall product purchases at: www.devotedtowellness.com. You can also access all product and service order forms (Erchonia, EBR, Seminars).

For Health Path Product or Seminar questions call our office at: (866) 338-4883
For EBR and Erchonia products contact Mike at:

Cell: 386-365-8462 or by email: mike@brimhallwellness.com

**The Brimhall Wellness Team and Family**

NUTRI-WEST
A World Leader in
Pharmaceutical Grade Nutrition

ERCHONIA
The World's Leader in
Low Level Laser Technology

Brimhall Wellness
See Miracles Daily

Dr. Brimhall's Health Puzzle Piece is a weekly email newsletter distribution that has been brought to you by the collaborative efforts of the Brimhall Wellness Team. All newsletters are published and available at www.BrimhallPuzzlePiece.com a division of Health Path Products, LLC.

The above statements have not been evaluated by the FDA. The nutritional information, suggestions, and research provided are not intended to diagnose, treat, cure, or prevent disease and should not be used as a substitute for sound medical advice. Please see your health care professional in all matters pertaining to your physical health.